

NOTE TO PARENTS AND STUDENTS

THIS FORM MUST BE READ, SIGNED, AND RETURNED BY EVERY STUDENT WHO WISHES TO PARTICIPATE AND BY A PARENT OR GUARDIAN OF A PARTICIPATING STUDENT. **STUDENTS WHO DO NOT RETURN THIS FORM WILL NOT BE ABLE TO ATTEND THIS EVENT.**

September 12, 2023

Dear Parents,

St. Edward's School will be starting a Running Club in the morning. Students will run around the school from **8:25-8:45am**. Running Club will be on **Tuesdays and Thursdays** starting on Thursday, September 14, 2023, and will continue till it gets too cold. Students can change into their gym shirt before they start running/jogging. Please make sure your child arrives between **8:25-8:30am**. We do expect consistent commitment if students participate in Running Club. Siblings of those who attend Running Club will not be charged for the Before School Program as long as they arrive after/around 8:25.

ELEMENTS OF RISK

Educational activity programs such as track meets involve certain elements of risk. Accidents may occur while participating in these activities. These accidents may cause injury. A few examples of the types of accidents which one is at risk of having occur while participating in a track meet are:

1. sprains; fractures/breaks; scrapes/bruises due to falls/trips
2. breathing difficulties due to exertion: students with medical concerns must have medication with them (inhalers/puffers, epi pens, etc.)

These accidents result from the nature of the activity and can occur without any fault on either the part of the student, or the School or its employees or agents, or the facility where the event is taking place. By choosing to participate in the activity, you are assuming the risk of an accident occurring. The chance of an accident occurring can be reduced by carefully following instructions at all times while engaged in the activity.

If you choose to participate, you must understand that you will bear the responsibility for any accident that might occur. St. Edward's School does not provide any accidental death, disability, dismemberment or medical expenses insurance on behalf of the students participating in this activity.

Sincerely yours,

Rochelle Cabaguio  
Physical Education Teacher



ACKNOWLEDGEMENT

We have read the above; we understand that in participating in the activity, we are assuming the risks associated with doing so.

I give \_\_\_\_\_ permission to participate in Running Club for the 2023-2024 school year.  
(Print child's name)

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

**Please Return by Friday, September 15, 2023.**